

Disc Golf Rules for Recreational Play

Objective of the Game:

The objective is to play each hole in the fewest strokes possible. One point (stroke) is counted each time the disc is thrown and/or when a penalty is incurred. The player with the lowest total strokes for the entire course wins.

SAFETY FIRST

Never throw when players or other park users are within range. Always give other park users the right of way. Be aware of your surroundings and environment.

Tee Throws

Each hole begins with a tee throw. Tee throws must be completed within or behind the designated tee area.

Lie

The lie is the spot where the player's previous throw has landed. Mark the lie with a mini disc or turn over the thrown disc, directly towards the hole or designated fairway. The player's subsequent throw is made from directly behind the marked lie.

Throwing Order

The player with the least amount of strokes on the previous hole is the first to tee off on the next hole. After teeing off, the player whose disc is farthest from the hole throws first.

Fairway Throws

Fairway throws must be made from directly behind the lie. A run-up and normal follow-through, after release, is allowed, unless the lie is within ten meters of the target. Any shot within ten meters of the target requires that the player not move past the lie until the disc is at rest.

Completion Of Hole

A disc that comes to rest in the basket or chains constitutes successful completion of that hole.

Unplayable Lie

Any disc that comes to rest above the ground is considered an unplayable lie. The disc must be thrown from the lie on the ground, directly underneath the unplayable lie, relocated to avoid damage to vegetation.

Out Of Bounds

If any area of out of bounds is visible between the disc and out of bounds line, the disc is considered out of bounds. A throw that lands out of bounds, must be played from a point three feet in bounds from where the disc went out of bounds. Permanent water hazards and public roads are always out of bounds.

Course Courtesy

- Remain quiet and avoid unnecessary movements while others are throwing.
- Stand behind the player who is throwing until throw is complete.
- Remove disc from basket after completing the hole.
- Help new players learn the rules.
- Allow faster groups to play through when possible.
- Pick up trash and put in proper receptacles.
- Do not alter the course (trees, bushes, etc.) in any way.

Remember the most important rule: *"The one who has the most fun wins!"* - "Steady" Ed Headrick #001

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